



Cruise Adventures

By Ryan Marsh



You could sense the excitement in the air as 8 Service Users and 7 Support Workers got ready for yet another adventure on a cruise ship! It was a quick trip to Brisbane as no one could wipe the smile off their face or stop telling each other about the fun they had planned for the following week. We arrived early Friday afternoon and saw the massive cruise liner that would be our home for the next 4 days and 4 nights. We eagerly rushed onto the ship and dumped our bags in our room. We then explored and made our way to the top deck where the real party was getting started! After an afternoon of fun and exploring we went back to our rooms and got ready for the night. The buffet dinner didn't slow us down and after this we split up with one group witnessing Ben T's talents at the Karaoke Bar and other's watching Sam and Tim dominate the dance floor in the nightclub. Everyone relaxed and enjoyed the night before hitting the hay and getting some sleep before the next day.

Early risers hit the top deck and had some breakfast while some preferred a sleep in after a big day before. There was non-stop excitement on the ship during the day and our group soon made plenty of friends. Joining in on games and watching shows around the ship was what our days consisted of. Lazing by the pool and taking advantage of the warm weather was also high on everyone's list!!

Soon night was upon us and again the Karaoke Bar and Night club were the places to be. Mark was belting out some tunes in the nightclub and as always providing the group with a beatbox tune we could dance too. We also witnessed the comedy show and I'm sure Ben is still laughing about the jokes he heard! Again we partied until late and got some sleep (some more than others) and dreamt about what the following days had in store.

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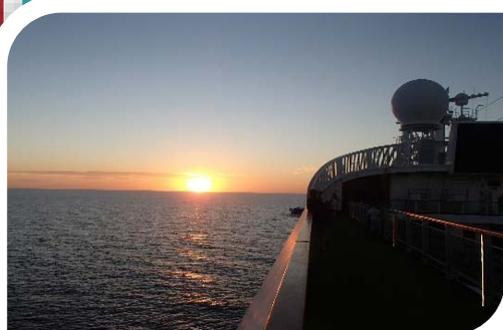
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Friday was our last day and boy did everyone make the most of it! We made sure we got our money's worth at the buffet and also witnessed a rap battle featuring Mitch and Sam on the top deck. Dwayne explored every aspect of the ship....more than once I'm sure and Anna-Rose made sure she exchanged names and numbers with the friends she had made.

Gavin had the time of his life and was well known around the ship by the last night! The last night ended with a 5 star dinner in the restaurant and plenty of laughs. But of course the night wasn't over and the bar and nightclub is where we went. One more comedy show and A LOT more dancing was on the cards. Limited sleep was had by all that night but everyone went to bed with a huge smile after another great night!

Saturday morning drew our trip to a close and although we were sad to go, the fun memories are things we will never forget. A special mention to "Captain" Evan on organising such an awesome trip, without him it would not have happened and as most of the guys said as we were leaving... "See you next year".





NDIS Update - Market Position Statement

As you know there is a shift to directing funding and resources to NDIS participants. Participants will then drive and shape the market through their individual choices. This fundamentally changes the funding relationships that have characterised the disability support system in the past. Delivering on the aspiration of providing empowered choices of open, inclusive and independence building supports requires reform within disability support sectors and more open and inclusive involvement from communities and the broader Australian economy.

The National Disability Insurance Agency (NDIA) recently released a Market Position Statement (MPS) for Queensland. This MPS aims to help providers, as well as participants and service intermediaries to better understand the developing markets they operate in, so that they can make informed decisions now and identify challenges and opportunities for the future.

Queensland represents the third largest market with an anticipated 91,000 NDIS participants, up from the 48,000 people with a disability currently receiving funded supports. Some of the key points/content of the MPS document that relate to the Wide Bay Burnett area are:

Participant numbers

- Current state funded participant numbers for Bundaberg are noted as 1,500 and Maryborough 2,200
- Come full scheme Bundaberg is anticipated to have 3,300 participants (120% increase) and Maryborough (which includes North & South Burnett) 5,100 participants (132% increase)
- These latest participant numbers appear to be about 1,800 short of the original projection of 10,232 for the Wide Bay Burnett

Workforce

- The current disability workforce in Queensland is estimated to be 13,550 – 16,550 full time equivalent (FTE) employees (Bundaberg 400 - 450 and Maryborough 600 - 750)
- The required workforce in Queensland is anticipated to be 29,450 – 35,950 (Bundaberg 1,050 – 1,250 and Maryborough 1,800 – 2,150)
- This means:
 - The original estimate of 13,000 new disability workers required has been upgraded to between 15,900 – 19,400 FTE employees across the state
 - The Wide Bay Burnett region will need an additional 1,850 – 2,200 FTE employees by 30 June 2019
 - Today the Wide Bay Burnett disability sector only has 35% of the disability workforce it is projected to need by 30 June 2019
- Because of the casual and part time nature of the disability workforce, the actual number of persons required will be higher than these FTE figures

It is anticipated that the MPS will be updated every 6 months. The full document can be found on the NDIA's website. Visit <http://www.ndis.gov.au/>.

Queensland Rollout

The National Disability Insurance Scheme (NDIS) will progressively rollout across Queensland over a three-year period.

- Bundaberg - 1 October 2017
- Rockhampton - 1 January 2018
- Fraser Coast - 1 July 2018

For more information visit the National Disability Insurance Scheme website at www.ndis.gov.au.

Volunteer Work

Kala commenced her new volunteer job at Tricare Aged Care Facility on 9th March. She has been going every week to spend time with her new "buddy" Elaine.

It has taken Kala many weeks to build up a special bond with Elaine. Elaine was very quiet in the beginning and Kala used to go and just sit with her and talk about her family. Kala then suggested that they do some colouring by numbers but Elaine wasn't sure she could do it, so Kala started colouring herself and asking Elaine some questions like "what colour do I need next" or "What number is next" and Elaine started to get involved. The next week Elaine asked Kala about colouring again so we copied some new pictures. Finally, Kala had Elaine colouring with her and she did a wonderful job. Each week we put the pictures up on the wall in Elaine's room and she loves to show them to the Nurses.

Elaine told Kala last week that she told the nurses that Kala was her granddaughter. Kala seemed very pleased with this.

Hopefully if Kala continues to follow through with her visits there may be a possibility of a Certificate II in Aged Care being offered.

We are all so proud of you Kala, keep up the great work!



How can I make My Support Dollar Go Further?

Getting the maximum amount of support hours with your funding package can be challenging.

One of the ways that SCSS has found often works well for clients to be able to access additional support hours is by grouping or sharing (i.e. 1 staff member to 2 or more clients) your support with another client/s who have similar interests and goals.

As with all support arrangements there are pros and cons for you to consider.

PROS:

- You are able to access more than double the support hours you would have if you were to use individual support.
- The opportunity to make new friends and participate in a variety of group activities and outings.

CONS:

- The support worker will need to give their attention to a number of clients at the one time.
- You may occasionally have to make compromises with what you want to do to ensure the needs of the group are met.

Call an SCSS representative today on 4153 5887 and ask about how you can get more "bang for your buck"!



Saturdays with Dwayne

By John Borg

I now have the privilege of being Dwayne's Support Worker each Saturday. Dwayne indicated to me that he wanted to mow lawns, have a vegetable garden, a compost heap and a worm farm. So with all of these goals we have both set out to achieve them.

On the first Saturday Dwayne was shown how to trim over hanging branches close to the house. The saw was on a pole and for two hours Dwayne cut branches while I did other chores around the yard. Dwayne was so keen that he didn't want to stop for lunch.

After lunch we drove to Waterview Farm and picked up the trailer, there Dwayne fed the goats bread and patted them. He then helped me fill three bags of compost for an order.

We then headed back to the house and while I was placing branches into the trailer Dwayne jumped on branches - which he enjoyed. We took the load and unloaded it at the big farm, Dwayne helping. At the farm I told Dwayne of the pet goat "Zac", he feed Zac and played with Zac, lifting it gently and not hurting it.

The session ended with Dwayne deciding that "Zac" needed a bath, so he placed Zac in the water trough and gave Zac a bath. The smile on Dwayne's face and the sad look on "Zac's" was priceless.

There are many stories I can tell you about working with Dwayne but I would fill the newsletter, so I will have to shorten the article.

Dwayne has achieved many of his goals already as you can see by the photos in only a few weeks. A large load of bricks gone, fence pulled out, worm bin made, compost heap started, passionfruit planted, lawn mown, the area behind the shed cleaned up and branches cut near the house and also near the shed. Well done Dwayne, of course he did not do these on his own but was involved with all activities.

So in ending I am very proud of what Dwayne has achieved so far, and only done on a Saturday.

He has many ideas on what he wants to achieve, so I am sure I will be kept busy.

I am sure you will see many other photos and stories in future newsletters under "Saturdays with Dwayne".



Ben and Terry's Fun Easter Weekend – Beach Camping

By Chris Tuckett



Boys going to try a big bait to catch a big fish



Ben cooking bacon and egg brekky wraps



Team Effort with enough fish caught for brekky



Terry meeting some local wildlife



Boys getting a sunset beachside camp fire set up



USB Flash Drives – Great for Transfer, No Good for Storage

By Tony Bowes

USB Flash drives (also known as USB memory sticks) are becoming increasingly popular and for good reason; they are cheap (~\$5 for 8Gb), fast for transfer, small, portable, and have no moving parts. USB flash drives are a great option if you want to transfer pictures, documents or data from one computer to another and I personally carry up to 7 for various tasks. What they aren't good for is archiving and storage.



Why not store precious documents on a USB flash drive?

- 1) Since you are pushing forcefully to connect, sometimes you can push from a wrong angle and damage the USB connector. Pulling hard to remove a USB flash drive can also pull apart the flash drive rather than disconnect it from the computer.
- 2) They stick out when connected, which means they are an easy target to be bumped or hit. Since they are firmly connected to the computer via USB, the flash drive is the one that usually breaks.
- 3) They are small enough to fit in a pocket, but also small enough to be forgotten and go through the wash, fall out without noticing
- 4) They are nice and portable, but can also get left behind or lost.

An average life span of a USB memory stick is only about 6 months with the above issues, so having the only copy of a valuable photo or document on them is likely to end in tears. Instead, if you treat USB flash drives as cheap, expendable items built for transferring data from one location to another, they will serve you well.

Here is a handy hint for USB flash drive use with documents; **always copy, never edit**. Imagine you want to take a document home to work on. Rather than editing the document directly on the USB flash drive, the best way would be to copy the file from the flash drive to your home computer, make changes, copy the changed file back to the flash drive and bring it back to work. This way if anything happens to the flash drive (or computer for that matter), the latest copy is only a trip away.

Pistol Club

Our Rocky clients enjoy a fortnightly competition with the pistol club. They have recently been approached to compete at a higher level with other clubs being recognised as having developed an increasing ratios of perfect shots.



Trip Home

Lee moved to Rockhampton 3 years ago. Lee's mother Pauline wanted Lee to live in his own bachelor pad, live life to the fullest, learn new skills, social experiences and independence. Now that Lee has accomplished all of this and more he has returned to his family home to visit.

Lee and his Support worker organised the trip and all the aids Lee would require. Lee purchased his items on line including his train ticket. Lee was most excited to be able to use his favourite mode of transport. Once SW Travis arrived to pick Lee up for the train station Lee had been awake for a while with excitement. Lee loves trains and to be able to catch a train in his massive wheelchair Lee was stoked.

On the way to Gladstone you could not rub the smile off Lee's face. He would continually watch the monitor as we got closer and closer to Gladstone. At Gladstone Lee's mother surprised us and was at the train station, Lee's smile grew even more as he gave her a hug. Lee has not been back to his parents' house in three years. The dogs greeted Lee with so much affection and remembered who he is. Lee's mother put on a high tea using fine china and all the superb dishes to eat as requested from Lee. Lee was quite impressed once Dad had finished work and caught up on chit chat. Lee spent a long time going over his old room looking at photos and books and of course his old bed that he would get to sleep in that night. Mum and Lee talked for hours before Lee fell asleep.

The next day was sad to have to leave so early but Lee was so impressed to be catching the train again. Lee and brother Dan had a good old joke with each other over a drink or two. Friends visited and a great atmosphere was set. So much fun was had they forgot to take more pictures.



Social Crossover

SCSS Rockhampton recently held their Social Crossover at the Archer Park Railway Museum family fun day in Rockhampton.

Some Service Users took a ride on the Purrey Steam Tram and a two-man tender. There were numerous static displays and stalls. The vintage cars were a hit with our young men as well as the local medieval club in their armour and enacting medieval battles.

The local costume club dressed in a variety of costumes ranging from period steam power costumes to Star Wars costumes. As you might expect, it was the people in the Star Wars costumes that gained the most interest and everyone wanted their photo taken with the Storm Troopers.

A great day was had by all.



Emergency Services

Rockhampton Emergency Services recently hosted a mock emergency activity where our clients participated as actors who were injured. They had makeup artists decorate them with injuries and were given an actual scenario where they had to act out an injury they had suffered and become a victim of the disaster. The day involved strong listening, comprehension and acting skills. The event was played as an article on the local news.



Sport Fanatics

We have several sport fanatics in Rocky. A huge effort for Cambell obtaining his green belt in Taekwondo. Cambell has trained on a regular basis learning the movements and practicing them to gain his grading's. Cambell is currently awaiting his next grading of Green Belt blue tip.



Camping at Cool Waters

Over the Easter period the clients and staff pulled together for a huge camping experience at Cool Waters. The clients used both tents and dorms to accommodate them all. Everyone took part in activities, cooking and setting up the campsite and packing it all back down.



Glow in the Dark Party

Rocky's Social Stunner's enjoyed a Glow in Dark party during their weekly Social Group – Social Stunner's. Service users and staff spent a busy morning preparing prop's, art and costumes to transform the office into a glowing party. Glowing reports of a good time were received from all involved.

Huge big thanks to all pitching in together to transform the office and create a brilliant day of glowing laughter and shared experience that all enjoyed. Special thanks to Jason Day who captured the memorable experience on film for a special memento.



Sons of Anathy: Part 2 Ride at Coonar Beach

By Anna-Rose Mayfield

At 8.30am Yogi and Anna-Rose arrived at SCSS to meet up with Patrick, Ben, Terry, Matt S, Budda, Miranda, Nathan, Steve and Matthew C.

At 9.00am to 9.15am Nathan, Patrick, Ben and Steve pumped up the tyres on all the push bikes and loaded all the bikes onto the trailer.

At 9.30am Anna, Patrick, Ben, Miranda, Nathan, Steve and Yogi left in the SCSS van and the rest followed in their vehicles to the petrol station to fuel up the SCSS Van that was $\frac{1}{4}$ of tank empty and the others fueled up as well.



At 10.23am all vehicles left to go to Coonar Beach.

At 10.40am all the vehicles arrived at Coonar Beach.

At 10.43am Nathan, Yogi and Miranda unloaded all the push bikes.



At 10.55am Anna, Yogi, Miranda and Nathan road up to the creek.

At 11.25am Anna, Yogi, Miranda and Nathan arrived at the creek and Anna had a really great swim. The others had a swim at the main beach and were chatting.

At 12.00 noon everyone met up in the car park and were having a great chat and loading all the push bikes up. Matt S and Matt C drove the push bikes back to SCSS Office. Upon arrival back at the office Terry hosed the push bikes down and Steve and Patrick went to the shops to get WD40 to oil up the chains. Anne made Budda and Terry a nice juice.

Another great ride at Coonar Beach.



Ben's Report

By John Borg

Hi All, I have decided to change the heading to Ben's report as Ben seems to be busy all over the place, not just at Waterview Farm.

I can now officially say that Ben now has seven days a week support with SCSS. He no longer has support with another service three days per week.

I must thank Michelle for getting the ball rolling to have Ben come under SCSS umbrella and with support from his family we have achieved what Ben's always wanted, to be with SCSS at all times. This I believe is beneficial for Ben as now we can structure his whole week.

It starts with myself for Monday, Tuesday and Wednesday where I spend the day shift with Ben, the evenings are spent either relaxing after "a hard day's work" or paying bills and of course a "bachelor's dream" doing house cleaning and cooking the evening meal.

Thursdays see Ben going to Drumbeat, helping at the Big Farm or doing Tai Chi with Support Worker Paul. Paul tells me that Ben gets right into it. Good work Ben and thank you Paul for coming up with the idea.

Fridays see Ben going to the Gym with Support Worker Nartahlee and also doing his weekly shopping with her and here again I would like to acknowledge Nartahlee as she is the only female support worker that supports Ben and getting him to the gym each week, then going shopping. It may sound like easy activities to do with Ben but as any Support Worker that supports Ben knows that he is hard to get out of bed, then at shopping he wants to buy out the supermarket. Well done Nartahlee.

But this report is about Ben, so in the past quarter, as usual, Ben has been busy mowing lawns at many SCSS Houses, doing repair jobs at the houses, shifting furniture, doing dump runs, helping plant potatoes at Waterview Farm which in turn Ben banks his share.

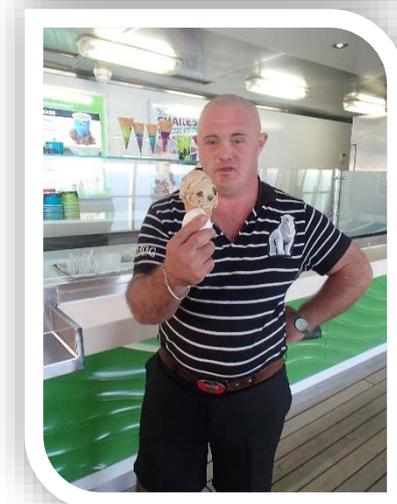
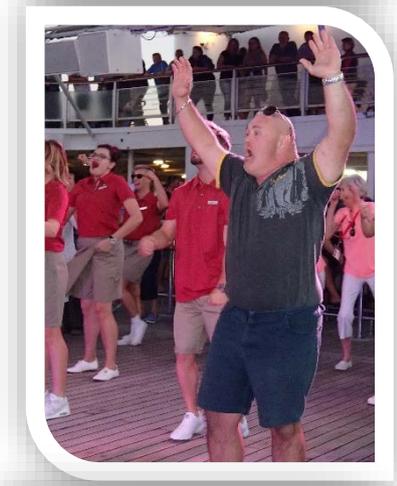
Also Ben is getting to Meals on Wheels each Monday where he helps out with their gardening. Ben is becoming well known there and everybody says hello and has a chat to him.

The best that has happened in May was of course "the Cruise". All I can say is just look at the photos, Ben had a ball. He was that confident he did not need any seasick tablets, talking to the public, making new friends and of course getting dances from let's say "beautiful ladies".

Here again support workers stepped in and helped Ben have a great time, thanks to Support Worker Mitch, Nathan and Yogie. Each night Ben got to his bunk in the wee hours of the morning, as I was told. I would leave Ben around 9pm each night and the other support workers said "don't worry John we will get him to bed" so they took over from me so I didn't miss out on my "poppy sleep" thanks guys.

Yogie has come up with a nickname for Ben - "Ching Ching Baby". Every time the support workers said this to Ben he would return it the same with his hands in the air laughing.

Great cruise. Thanks again.



Southern Cross Tai Chi

By Paul Crocker



Since late 2015 preparations have been made so that Service Users have the opportunity to practice Tai Chi in an individual or group setting.

At present the class is designed to start with 10 to 20 minutes of warm up exercises which is suitable for most ages and fitness levels. This preparation allows the joints to loosen up and warm the body. We continue on to Chi Gong exercises for 20 minutes which helps abdominal breathing, increase nerve system health and vitality. To finish the class, cool down exercises and meditation provide a balance to help create a positive start for the day. Music is played during the class to add to the experience.

There is something for everyone as the class can be done sitting or standing and movements can be adjusted to accommodate any health problems.

At some stage Tai Chi will be offered which is a combination of movement, breathing and flowing form movements which range up to 28 movements.

The value of Support Workers is unique in their role because it helps to offer Service Users an environment for exercise, good eating, drinking water, friendship, group activity and outdoor environment. Morning tea and lunch can be organised on request.

If you are a Service User and cannot make the group class and would like to train, please phone and organise a suitable time for an individual class through the Office.

Some of the feedback from Service Users has been that they are feeling more relaxed and enjoying the movement.



Ben T's NRL Tipping Comp after round 13

RANK	TEAM NAME / TIPPER NAME	TIPS R. ALL	AVG. TIPS/RND	TOTAL TIPS	MARGIN R. ALL	TOTAL MARGIN
1	SHARKBOIS Ryan M	4	5.2	67	2	173
2	BENNY T Ben T	5	5	65	24	169
3	BROWNIE'S BRONCOS Nathan B	3	5	65	2	178
4	LEGEND KNIGHT Matthew C	4	4.9	64	4	172
5	NQ WORLD CHAMPS Nathan W	4	4.8	63	6	137
6	MATTY S Mathew S	5	4.8	63	3	188
7	NQCOWBOYS1 Hayden P	4	4.6	60	3	170
8	YOUR JANITOR Brendon C	5	4.5	58	8	147
9	LOYAL BRONCOS 1 Jesse H	4	4.4	57	2	135
10	HOARE'S HEROES Evan H	4	4.4	57	3	155

Relax with Tony



As Tony lays on the grass he sees the leaves blow in the wind, watches the clouds go across the sky and feels the warm morning sun.



Southern Cross Family Day Care

By Rebecca Wyllie

Upcycling in our Educators Environments

What is upcycling?

Upcycling is when you take things that are old and discarded and turn them into something new and useful again.

This is a sustainable practice that educators have been using to create some real spectacular play spaces. They have created mud kitchens, Fairy Gardens, lock boards, music walls, fortes, sandpits and vegetable gardens. The possibilities are endless.



Mud kitchens

These are a space that children can explore mess. Often with water and dirt but sometimes even things like slime, wood shavings and sand. The use of kitchen utensils helps children to develop pre math's skills such as pouring and measuring and exploration of textures. This particular one has been upcycled from pallets.

Fairy Garden

A small world created to enrich the imagination of children. Some educators also have dinosaur lands, rainforests and even a pride rock (the Lion King) most of these things have been developed in conjunction with the children's imagination. Miniature gardens and small world play help children learn respect for their environment and learn conservation skills.

Fortes

These can be seen at most of our educator's homes in a range of different shapes and sizes. The help children to build gross motor skills with climbing and jumping.



Vegetable gardens

The humble veggie garden is helping our children learn the science of how plants grow, the importance of nutrition to help their bodies function and sustainability to keep them environment healthy.

It is through a partnership with educators and families that these great learning spaces are created enabling children to have access to so many learning possibilities.

Youth of the Year – NAIDOC Awards

Support Worker Jye Leet has been nominated for the Youth of the Year Award for the 2016 Bundaberg and District NAIDOC Awards. The annual NAIDOC Awards recognise the outstanding contributions that Indigenous Australians make to improve the lives of Indigenous people in their communities and beyond, or to promote Indigenous issues in the wider community, or the excellence they've shown in their chosen field.

Jye is proud of his Indigenous heritage and has taught local students at Kepnock High about his culture through dance and the sharing of cultural artefacts. He has spoken publicly about the importance of stopping violence against women within Indigenous and non-Indigenous communities. Jye has been awarded the Cultural Excellence and Currie Awards for outstanding contribution to his school and was a recent finalist in the Queensland Young Achiever of the Year Awards. His goal is to keep the indigenous culture alive and pass it down to further generations by continuing to make positive contributions to his community.



Jye needs your vote! To vote drop it in to the SCSS office and complete a voting form. **Voting closes 12noon Friday, 24 June 2016.**

Gaming Challenge - Flog the Boss



Our CEO, Greg Gaston, has set a gaming challenge to service users of SCSS. The game is Mario Kart and the challenge is to “Flog the Boss”. The first five (5) Service Users to “Flog the Boss” in Mario Kart will win a voucher to the value of \$50.

If you are up for the challenge, please see Reception to register your name. The date and time of the challenge is below.

WHEN: Wednesday, 31 August 2016 starting at 10.00am

WHERE: Communal Room at SCSS Office

Gaming Review – Bang

By Duncan Ruthenberg

Bang is a card-game that is some old school spaghetti western fun. Players take up the role of either the Sherriff (token good guy), Deputy Sherriff (also good), a Renegade (looking to be last man standing) plus however many Outlaws (bad guys) required to make up numbers.

The only person that has to reveal who they are is the Sherriff as they get an extra life (or bullet) and these determine how many cards you have in your hand. Everyone else secretly knows who they are and obviously play the game depending on who they are. For example, the Outlaws are out to get the Sherriff but if they have to go through a Deputy or another Outlaw to do it, then so be it!

Horses, barrels, Indians, dynamite and even a Gatling Gun are but some of the more interesting cards that can be used for great personal benefit or harm.



The game lasts anywhere from 20 minutes up to an hour depending on the downfall of the other players.

Pros:

- Competitive play for 4-7 players
- Card driven game that allows for playability due to the number of characters (each have a unique skill) and different roles that you play over the course of a game
- Not many rules so it's easy to get in and have some fun
- Plenty of fun to be had by all!

Cons:

- It can be difficult sourcing a copy of the game

Overall Rating: 5 stars out of 5

NEWS FROM RADS (Really Awesome Day Service)

RADS Group

Unfortunately, RADS as we know it has finished. We will still have our awesome service users with us, but under a different structure. There won't be group days as such anymore; instead we will have more client structured programs. So, you will still see us around the office all the time. We would like to thank everyone who has supported us in so many ways, working with us, supporting our raffles, and RADS Café or just hanging around with us. It was always fun. So, from all of us at RADS a huge THANK YOU.

Gaming Challenge

Service users Joseph R and Tony P planned a gaming challenge against SCSS staff, with Mario Kart 8 being the game of choice for racing. The competition was held every Tuesday in April in the communal room. Competition was fierce, with plenty of mushrooms and banana skins being thrown, along with sneaky tricks to distract players. Dressing in character for the game was essential, with all competitors coming up with some good creations. Tony P – played as Rosalina, Joseph R & Tony B – played as Mario, Greg, Kylie and Jason played as Kong and Duncan played as Bowser. The challenge was held over 4 weeks, with the overall winner being announced after the final game. Rosalina was our overall winner with a score of 57, Mario was a very close second with a score of 51, then Kong followed with a score of 44, and Bowser brought them all home with a total of 25. The competitors all received certificates and 1st, 2nd and 3rd all received trophies, and 4th also received a big block of chocolate. We are in the planning stages for the next gaming challenge, with sonic and sega being the chosen gaming challenge. So stay tuned for more information --- coming soon ☺.



Competitors

Rosalina – Tony
Bowser – Duncan
Kong – Jason
Mario – Joseph

GAMING Challenge					
DRIVER	WK1	WK2	WK3	WK4	TOTAL
Mario	13	4	18	16	51
Rosalina	13	14	14	16	57
Kong	14	18	4	8	44
Bowser	4	8	8	5	25

Places

1st Rosalina
2nd Mario
3rd Kong
4th Bowser

Dan's farewell

One of our long term service users Dan and his family have moved further north to live. Dan will be greatly missed around the office. He certainly kept us entertained with Elvis concerts and his knowledge of Elvis. RADS had a farewell party for Dan on the 6th June for all to say good bye to Dan. Those who attended the party were treated to one final concert from Elvis. Dan received many going away gifts, which were mostly... 'yes you guessed it', Elvis memorabilia. Dan made a wonderful speech thanking us all.... Then finally for one last time ELVIS LEFT THE BUILDING!!



RADS - Recipe of the Month

Chicken and Mushroom Soup

Ingredients

55g butter
2 onions, peeled and sliced
2 sticks celery, finely chopped
2 carrots, peeled and finely diced
25g plain flour
1.2l chicken stock
450g cooked chicken, skinned and shredded
1 tbsp freshly chopped parsley
salt and freshly ground black pepper



Method

1. Melt the butter in a large saucepan over a medium heat and gently fry the onions, celery and carrots until they start to soften.
2. Stir in the flour and cook for 2 minutes. Add the chicken stock and bring the mixture to the boil, stirring as you do so. Season, to taste, with salt and freshly ground black pepper, then reduce the heat until the mixture is simmering and simmer for 10 minutes, until the vegetables are tender.
3. Add the cooked chicken and cook until heated through. Season, to taste, with salt and freshly ground black pepper. Stir in the parsley and serve.

What's on

Date / Time	Event / Location	More Information
Mon, 4 July 2016 10.00am – 3.00pm	Gidji Art Workshop Bundaberg Regional Art Gallery	Enjoy a day immersed in cultural creativity, open to all. Free admission
Mon, 4 July 2016 6.00pm	NAIDOC Week – Spear Film Moncrieff theatre, Bundaberg	Free Event
Tues, 5 July 2016 6.00pm	Knowledge Knockout CQ University - Bundaberg	Test and expand your cultural and historical knowledge with the ultimate trivia challenge this NAIDOC.
Wed, 6 July 2016 9.30am – 2.00pm	NAIDOC Week – Cultural Sports Day Tom Quinn Community Centre, Bundaberg	There will be traditional sports as well as cultural, arts & language tents.
Fri, 8 July 2016 9.30am	NAIDOC March Club Hotel Bourbong St, Bundaberg	Join the celebratory march along Bourbong Street, across the bridge to Lions Park.
Fri, 8 July 2016 10.30am – 4.00pm	NAIDOC Week – Family Day Underneath Burnett Bridge, Bundaberg	Workshops, entertainment, talent quest, tiny tots quest and fun for all the family.
Mon, 11 July 2016 10.00am	Free Community Movie – The Dressmaker Moncrieff Entertainment Centre, Bundy	Relax and enjoy free community movies and \$2 morning tea: tea/coffee & biscuits.
Fri, 15 July 2016 to Sun, 17 July 2016	Rockhampton River Festival Victoria Parade, Rockhampton	Delicious food from around the world. Music and entertainment at every corner.
Sun, 26 July 2016 9.00am to 3.00pm	Childers Festival Churchill and Crescent Street, Childers	Free Entry
Thur, 4 August 2016 3.30pm – 5.30pm	Australian Muscle Car Run East Rotary Park, Kendalls Flats	Free
Sat, 6 August 2016 8.00am to 3.00pm	The Bargara Strawberry Fair 596 Windemere Road, Bargara	Free Entry
Sat, 6 August 2016 6.00am	Rocky Swamp Rockhampton Showgrounds	Entry \$6
Sun 7 August 2016 6.45am	Friendlies Cane to Coral Fun Run/Walk Bargara Road	cane2coral.com.au
Sun, 14 August 2016 10.00am to 4.00pm	Hervey Bay Seafood Festival Fishermans Park, Urangan	Adults \$5 (no concessions) Under 18 FREE
19 Aug – 21 Aug 2016 9.00am to 3.00pm	Bundaberg Quilters Exhibition Bundaberg Civic Centre	\$5 admission
20 Aug to 21 Aug 2016 9.00am to 4.00pm	Healthy Life Home and Community Expo Norville State School, Bundaberg	\$2 admission
Sun, 21 August 2016 11.00am to 5.30pm	Cultural Festival Rockhampton Heritage Village	Entry \$2
Wed, 24 August 2016 10.00am	Free Community Movie – The Intern Moncrieff Entertainment Centre, Bundy	Relax and enjoy free community movies and \$2 morning tea: tea/coffee & biscuits.
26 Aug to 28 Aug 2016 9.00am to 4.00pm	Rockhampton Home Show, Caravan, Camping, Fishing Expo, Showgrounds	Adults \$10 - Aged Senior Card \$8 - Children free with an adult
Sun, 4 September 2016 10.00am to 2.00pm	Bundy Turfburners Mower Racing 2359 Bucca Road, Bullyard	\$5 entry
Thur, 8 September 2016 9.30am to 1.30pm	Options Day CQ University, Bundaberg	Options Day is a free
Mon, 12 September 2016 10.00am	Free Community Movie – Manny Lewis Moncrieff Entertainment Centre, Bundy	Relax and enjoy free community movies and \$2 morning tea: tea/coffee & biscuits.
Sat, 24 September 2016 7.00pm to 11.00pm	The Ability Ball Bundaberg Civic Centre	Guest Ticket \$55.00; Companion with Meal \$25.00;
Sun, 25 September 2016 6.00am to 2.00pm	Fraser Lions Pier Festival Pier Street, Urangan	

Word Search - Cruise

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 Y R C I O Y H O L I D A Y S E
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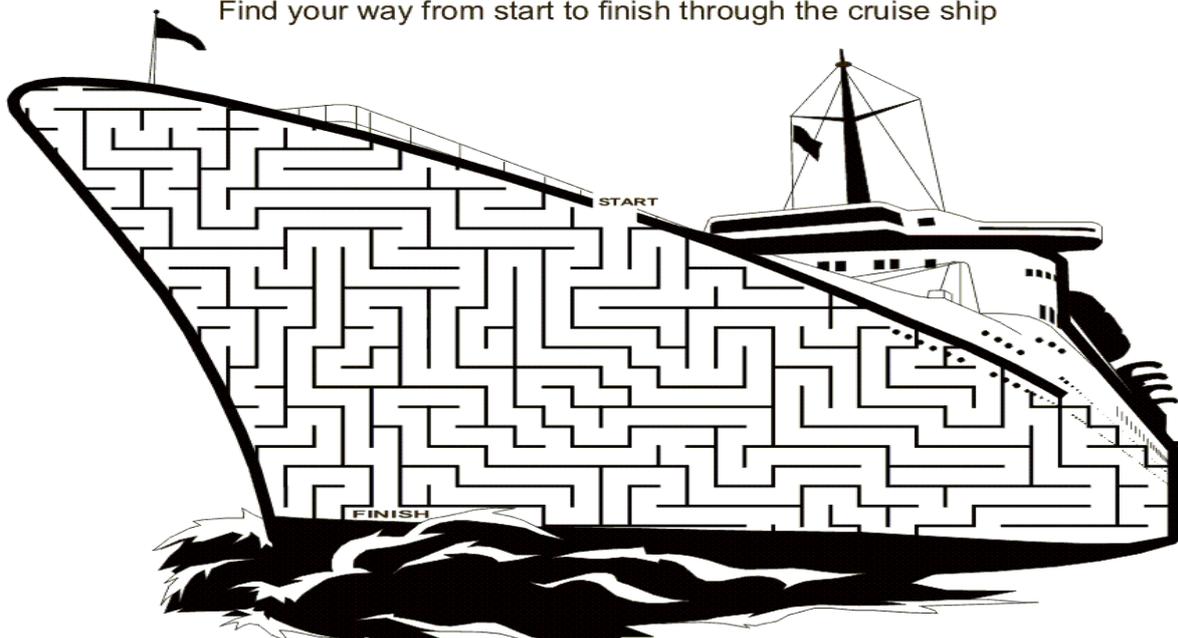
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Find your way from start to finish through the cruise ship



Meet the Senior Management Team



Greg Gaston
Managing Director/CEO
~ aka "The Kong"
of Mario Kart 8

Greg was born at a very early age and really loves to have a laugh either at himself or with others. Greg commenced working in the Community Sector over 12 years ago. Before starting SCSS, as one of the founding members in July 2011, Greg had a number of different career opportunities, including: Fire Ant Inspector (yes even had a shiny metal badge); Water Rat Surveyor for Qld Parks & Wildlife (walking the mangroves of the Fraser Coast looking for this native rodent); Professional ATV rider (i.e. 12 months in Brisbane spreading baits for the DPI doesn't quite sound as adventurous), just to mention a few.

Greg started in the community sector as a Support Worker, working mainly with young people with a disability, before trying his hand at a few management roles. This diverse range of experience has led to his current position with SCSS. Looking ahead the biggest challenge to the sector, SCSS and to Greg is the NDIS. Greg and the management team are busily working on ensuring that systems and staff are ready to cope with the tidal wave of positive change that is coming. Greg is also looking forward to getting back to the days of working directly with young people and people with a disability post NDIS implementation.



Karen Gaston
Managing Director

Karen has 30 years' experience in the areas of administration, finance and business management.

Since becoming one of the founding members of Southern Cross Support Services (SCSS) in July 2011 Karen has worked alongside the SCSS Team to grow it to one of the most innovative and exciting organisations within the Central Qld. Before Southern Cross Karen's involvement has been in both private businesses and the Community Services sector in Administration, Training, Quality Assurance & Management.

Karen is Bundaberg-born-and-bred coming from a local cane-farming family, even though she has spent several years away and abroad the lure of regional Qld is too much of a temptation and her roots are now firmly set.

When not working at SCSS or looking after her husband and daughter Karen can be found sitting on the deck with her feet up enjoying a cup of green tea while chatting with family or friends or watching a movie or looking at Facebook or Pinterest on her iPad.



Tony Bowes
IT Manager

Tony has over 20 years of experience in the IT sector as a programmer, systems administrator, IT support and Manager. Commencing with SCSS in 2015, Tony brings a wealth of knowledge to the IT team and is committed in leveraging IT systems to provide better service delivery.

Tony loves computer games, and has previously been an international referee at the World Cyber Games.

When away from the computer, Tony can also be seen down on the water kitesurfing.

Meet the Senior Management Team Continued...



Miranda Farrar
Safety Manager

Miranda joined SCSS in June 2016 as the Safety Manager. Miranda has a wealth of experience in Health and Safety in rail maintenance/transportation and manufacturing in the UK and Australia. Miranda's experience includes Risk Management, Legal Compliance, Rehabilitation and Return, Emergency Planning, Auditing, and development of WHS systems.

Miranda has a strong relationship with Work Health and Safety Queensland and has been privileged to speak at a number of WHS forums in Brisbane, Bundaberg and Fraser Coast. Miranda works from the Bundaberg Office and is currently working on improving SCSS Health and Safety Process and Procedures.



Nathan Brown
Service Manager

Nathan has been with SCSS since August 2011. Nathan has experienced SCSS go from 1 x Service User in Bundaberg to 50+ Service Users's stretching over 500km's from the Fraser Coast, Bundaberg and Rockhampton. During this time many things have changed and for Nathan the one thing that has lead the way is our mission statement – Purpose, Belonging, Security.

"I believe that with our mission statement we can answer all the questions we may face in any aspect of the Service we provide to the Service User, Staff and the Business. SCSS's workforce is filled with diverse backgrounds and experiences with a common passion to help people. This passion to help along with individual talent of Support Workers = The Purpose to provide point of difference service to deliver meaningful supports.



Brendon Croft
HR Manager

Brendon has extensive experience in hotel and hospitality operations and has managed large teams across multiple business units. Over this time Brendon has been a part of senior management teams which has involved departments with \$1 million dollar turnovers per month, large projects that have involved management takeovers, \$6 million dollar refurbishments and the national rollout of customer service systems for customer recognition. Commencing with SCSS in 2015, Brendon brings a wealth of knowledge to the team and is committed in leveraging people processes and systems to provide better service delivery and grow business culture.

Brendon loves all types sports and will spend time relaxing watching these. Cooking, coffee and food are all massive passions and something Brendon does to unwind and get away from the day to day pressures.

Some of our fun activities.....



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